

All Terrain Vehicles (ATVs)

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated tracks** & avoid track widening caused by drifting left / right
- ✓ In **sand dune** environments, always avoid drifting as tracks take longer to rehabilitate
- ✓ Where possible, **drive over**, not around, obstacles to avoid track widening
- ✓ **Minimise wheel spin** to prevent erosion
- ✓ Give **right of way** to other users overtaking you or travelling uphill, and to cyclists, hikers, horses, and wildlife
- ✓ Proceed **slowly** around horses, pack animals, and livestock to avoid startling them
- ✓ **Cross watercourses** at designated spots, reduce speed & enter / exit at 90° to the shore / bank
- ✓ **Turn off engines** during rest stops or longer standstill periods
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & **recycle** where possible
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Captive Animals

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, especially:
 - ✓ **Safe viewing** proximity and approach for the applicable species
 - ✓ Whether **contact** is permitted and, if so, how to do this safely
 - ✓ Whether **feeding** of animals is allowed and if so, how to do this safely
- ✓ Don't collect **flora or fauna**, or disturb their habitat
- ✓ Remain in **designated areas** for the activity
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



Community Visits

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ We discourage visits to **orphanages**; these vulnerable children are not a tourist attraction
- ✓ Respect the routines of **schools** or other care facilities visited; avoid disrupting them
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, shopping bag
- ✓ Dispose of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



Diving & Snorkeling

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand
- ✓ Be accurate about your **level of ability** so we can design an enjoyable experience for all; if you're out of practice, speak to us about refresher courses or buoyancy orientations
- ✓ If your **photographic equipment** is bulky, ensure your skill level is sufficient to control it and prevent damage to the marine environment
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, including marine wildlife viewing distance
- ✓ Remain within the **activity area** and respect the buddy system / group contact protocol
- ✓ Use "reef safe" **sun protection**, e.g., sunscreen marked as such or wear rash vests / similar
- ✓ Ensure your **equipment** fits well before getting in the water; it can be difficult to adjust afterwards
- ✓ If snorkelling over a **shallow reef** environment, use a life jacket / vest to help with buoyancy and reduce the need for kicking over this fragile area; practice snorkelling skills away from the reef
- ✓ Maintain a comfortable **distance from the reef**, making allowance for swell / waves
- ✓ Be aware of where your fins are, and avoid **kicking up sand** when on / near the ocean floor; this can suffocate coral polyps
- ✓ If you need to **hold on to something** during the activity, choose rocks or dead patches of reef
- ✓ Don't collect **flora or fauna** or disturb their habitat; this includes not standing / walking on, or touching coral reefs
- ✓ Don't chase or corner **marine wildlife**, nor disturb them with sticks / similar for any reason
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Minimise **flash photography**; repeat exposure can cause undue stress to marine wildlife
- ✓ Use low intensity **torches / flashlights** to minimise negative impacts on marine wildlife, e.g., disorientating them
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife (e.g., shells, coral, etc.), especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Fishing

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Don't **collect flora or feed wildlife** as it can harm their health & encourage problematic behaviour
- ✓ Comply with **fishing laws** and permit specifications; return undersize, out of season, or protected catch to the water immediately and carefully
- ✓ Do not leave active **fishing gear** unattended
- ✓ For "**catch & release**", attend to fish immediately, keep fish in the water as long as possible and remove hook while fish is still in the water, if possible
 - ✓ If **removing fish from water**, use nets without knotted mesh, minimise handling (always with wet hands), and minimise air exposure
 - ✓ Place fish on cool, wet surface to remove hook and **return to water horizontally** until they revive and can swim away
 - ✓ For **photographs**, hold fish horizontally – not vertically – and as briefly as possible
- ✓ If caught for **consumptive use**, dispatch fish quickly and humanely
- ✓ **Reduce waste** – from food & paper to the number of fish caught – remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in, leave no trace of the activity – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Food & Beverage (F&B) Services

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the facility / service so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom or help prepare a traditional dish, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

Game Drives (Safaris) & Walks

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your ranger / guide's **instructions** regarding safety, local etiquette & dos and don'ts, including taking photographs & impacts on nocturnal species
- ✓ Be aware of risks related to sharing photographs / videos of **endangered species** online; disable geo-location on your device if poaching is prevalent
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Minimise **noise** to avoid disturbing wildlife & the quality of the experience for others
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities, where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local ranger / guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Traveler Tips

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



Tour Guides

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tour guides & other businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your tour guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local tour guide will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

Hunting

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Apply highest **moral & ethical standards** in reverence for life & good sportsmanship
- ✓ Comply with **hunting laws** and permit specifications
- ✓ Maintain your **firearm** properly & know how to use it efficiently and effectively
- ✓ Respect **property, landowners, and others** using the area so that their experience & access are not compromised
- ✓ Respect the **habitat** – conserving the natural environment is part of ethical hunting
- ✓ Don't **collect flora or feed wildlife** as it can harm their health & encourage problematic behaviour
- ✓ **Respect animals** being hunted through fair chase and quick, efficient kills
- ✓ **Shots** must be taken only when the animal can be clearly seen, correctly identified (to comply with permit specifications), and when foreground & background are clearly visible
- ✓ **Reduce waste** – from food & paper to how many animals hunted – remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle / coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in, leave no trace of the activity – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support climate change action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Motorised Boating

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



Mountain Biking

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your **fitness** level & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Before & after cycling in a sensitive environment, **clean your footwear** & bike to prevent the spread of invasive species
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated tracks** & avoid track widening caused by drifting left / right
- ✓ Ride **single file** in narrow sections
- ✓ Give right of way to cyclists **overtaking** you or cycling uphill when crossing you, and to walkers, horses, and wildlife
- ✓ **Slow down** when crossing or overtaking other users of the activity area
- ✓ **Cycle at a pace** that enables you to stop within the distance you can see ahead
- ✓ **Make your presence known** when approaching other users and blind corners
- ✓ When climbing, **gear down** for adequate traction to avoid spinning
- ✓ When braking, avoid skidding or blocking wheels so that you **minimise erosion**
- ✓ **Cross rivers** at designated spots, reduce speed, and enter/exit at 90° to the riverbank
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Nature / Open Vehicle Drives

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ Be **respectful** in towns / villages; residents must not be disturbed by unreasonable noise volumes
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Non-Motorised Boating

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette, dos and don'ts, and correct use of boating equipment
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ If **portaging** is required, remain on existing / designated paths
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring re-usable items, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Personal Watercraft

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, e.g., avoiding sensitive areas such as nesting, breeding or moulting areas
- ✓ Remain in **designated area** – away from swimmers & others who might be disturbed by the watercraft
- ✓ If you **fall off your watercraft**, always get back on from the rear
- ✓ Always **be alert** and aware of other boaters, objects, and swimmers
- ✓ Never **jump** the wake of another boat; slow down & watch for skiers or items being towed
- ✓ Respect **speed restrictions** in no wake zones
- ✓ **Travel slowly** in shallow water & near shorelines; your wake can cause erosion
- ✓ Keep a **safe distance** between you and any marine wildlife encountered during the activity
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Rock Climbing / Abseiling

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your level of **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Remain on **existing paths** to access the base of climbing / abseiling routes
- ✓ Avoid indiscriminate use of **chalk** & fixed equipment (avoid galvanised bolts entirely)
- ✓ Avoid chipping rock & removed **vegetation** from cracks and gullies
- ✓ Avoid climbing near sites of geological, cultural, or other scientific interest
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ Dispose of **waste** responsibly – pack out what you take in – & use local recycling facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Shopping

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose vendors / shops that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag (or buy a locally made one that can be re-used!)
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



Spa / Massage

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your host's **instructions** regarding safety, local etiquette & dos and don'ts, particularly regarding local cultural norms & appropriate clothing to wear during the experience
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local host will happily share their knowledge
- ✓ **Take part** – if you are invited to try a local custom or treatment typical of the local area, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

Surfing / Similar

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Do not stand, walk on, or touch **coral reefs** when in the water (i.e., when not on your board)
- ✓ Avoid **kicking up sand** when on / near the ocean floor; this can suffocate coral polyps
- ✓ **Respect other users**, e.g., use correct etiquette for entering / exiting waves, line-ups, falling correctly, etc.
- ✓ Use "reef safe" **sun protection**, e.g., sunscreen marked as such or wear rash vests / similar
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Transport Services

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / driver's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the transport service so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / driver will happily share their knowledge (when s/he is not driving)
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

Visiting Farms

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses and farms that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom or participate in traditional farming methods, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

Visiting Heritage Sites

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet, and protect cultural heritage
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

Volunteering

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet, including volunteer programmes where you give back alongside, not instead of, local people
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Understand the **terms of your volunteer placement** & how it addresses longer-term goals
- ✓ Respect your host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**, obtaining permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Remember that you are a temporary guest; ensure your conduct **respects local people** & relationships with local institutions
- ✓ Be **sensitive** to the inequalities of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Feel welcome to **ask us** how local hosts benefit (tangibly) from your participation
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, shopping bag
- ✓ Dispose of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better
- ✓ Consider opportunities to continue supporting our programme once you **return home**, e.g., fundraising or referrals for a cause that you believe in!

Walking / Hiking / Trekking

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your level of **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Before entering sensitive environments, **clean your footwear** to prevent the spread of invasive species
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated paths / trails**
- ✓ Practice good "**bush toilet**" etiquette (ask us for specific guidance)
- ✓ Respect **fire restrictions** in place; if campfires are permitted, ask us about how & where
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable** items, e.g., water bottle, coffee cup, carry bag
- ✓ Dispose of **waste** responsibly – pack out what you take in – & use local recycling facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Wild Camping

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated** paths / trails and campsite footprints
- ✓ Bring **biodegradable** shampoo, dish soap, etc. (and no products with micro-plastics)
- ✓ Wash dishes, clothes (& yourself) **away from watercourses** (min 50m), even if using biodegradable products
- ✓ Use sand or other natural materials to help with heavy **dish washing**, minimising use of soap & water
- ✓ **Disperse wastewater** (dishes / laundry) over a wide area so that nature can filter it
- ✓ **Cook on stoves** – as opposed to campfires – when possible & in non-vegetated areas
- ✓ Practice good “**bush toilet**” etiquette (ask us for specific guidance)
- ✓ Respect **fire restrictions** in place; if campfires are permitted, ask us about how & where
- ✓ **Store supplies** (especially food) out of reach at night and when campsite is not occupied
- ✓ **Leave no trace** when vacating the campsite, including demolishing snow walls / shelters for winter camping
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be sensitive to the inequalities of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Working Animals

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, especially:
 - ✓ Whether **contact** is permitted with the animals and, if so, how to do this safely
 - ✓ Whether **feeding** of the animals is allowed and if so, how to do this safely
- ✓ Don't collect **flora or fauna**, or disturb their habitat
- ✓ Remain in **designated areas** for the activity
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

Ziplines / Canopy Tours

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your level of **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Ensure that you clearly understand how to **navigate the course** safely; if in doubt always ask your guide before proceeding
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better